



Elm Grove Baptist Church  
8180 Barksdale Boulevard  
Bossier City, LA 71112

Address Service Requested

# White Steeple Banner

## Elm Grove Baptist Church

October 2013, Volume 14, #10

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Bossier City, LA 71112  
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www.elmgrovebaptist.com

Dr. Brian D. Prucey, Pastor  
Charles Anderson, Music/Ed Minister  
Michael Vargas, Youth Minister



### *A Word* from the Pastor

Do you think you can handle temptation on just the strength of your own will-power? If so, you're probably setting yourself up for failure. That's not just advice from the Bible. It also comes from current scientific research.

Dr. Loran Nordgren, a senior lecturer at Northwestern University's Kellogg School of Management in Chicago, ran a series of experiments that placed college students in "tempting situations" to smoke, eat junk food, or forgo studying.

Not really hard core stuff, but it served as a basis for her research.

The research found that we often display what's called a "restraint bias." In other words, we tend to overestimate how much self-control we will have against temptation when we're not in the "heat of the moment."

Our "restraint bias" causes us to think that we can handle more temptation than we actually can. Dr. Nordgren warned that "Those who are most confident about their self-control are the most likely to give in to temptation."

How do we deal with our deluded sense of self-control? Dr. Nordgren, who works for a secular university, offered some biblically sound advice: "The key is simply to avoid any situations where vices and other weaknesses thrive and, most importantly, for individuals to keep a humble view of their willpower."

While it is good advice to avoid situations we know will lead us into temptation, we also know that temptations have a way of finding us.

The good news is that God is faithful to provide us with a way of escape.

1 Corinthians 10:13 says, "No temptation has overtaken you but

such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it"

Never think that you are strong enough to face temptation on your own; always believe that when temptation rears its ugly head, God is faithful to strengthen you and give you victory.

Blessings!  
Pastor Brian



**OCTOBER BIRTHDAYS**

- Erin Lemoine 1st
- Charles Anderson 2nd
- Doug Elston 2nd
- Bob Gilligan 5th
- Mikey Vargas 8th
- Lindsey Henderson 9th
- Heather Gonzales 9th
- Jim Ray 9th
- Jordan Humphrey 11th
- Donnie Harrell 11th
- Glen Barnes 13th
- Kerri Ponder 13th
- Aiden Rideout 21st
- Sage Todaro 22nd
- Jessi Humphrey 24th
- Taylor Talley 27th
- Marie Gilligan 28th
- Sammy Collins 29th
- Russ Merriott 29th

**ANNIVERSARIES**

- Jere & Peggy Grice 17th
- Kevin & Beth Rice 19th
- Brady & Lindsey Henderson 27th



**Charlie's Chats**

We are really excited about the music we're working on for Christmas. PLEASE FEEL FREE to join us on Wednesday nights at 6:30 for choir practice – we'd love to have you!

The Family Fall Festival is on October 31<sup>st</sup> – we will be needing candy and treats to give to the children. Let's make this the BEST Fall Festival yet!!



**WEEKLY EVENTS**

**Sunday**

- Sunday School 9:30 a.m.
- Morning Worship 10:45 a.m.

**Wednesday**

- Children's Worship 6:30 p.m.
- Youth Worship 6:30 p.m.
- Prayer Meeting 6:30 p.m.
- Praise Choir 6:30 p.m.



**Branson at Bethany  
Tuesday, October 29th**



**Operation Christmas Child**  
A PROJECT of SAMARITAN'S PURSE

Join the us as we seek to share the perfect treasure of God's love through the Operation Christmas Child shoebox ministry!

Collection begins in October as we focus on a specific treasure each week.

**Oct. 1-6:** School supplies (pens, pencils, paper, crayons, markers, etc.)

**Oct. 7-13:** Clothing (socks, t-shirts, underwear, etc.)

**Oct. 14-20:** Hygiene (soap, washcloth, travel containers, etc.)

**Oct. 21-27:** Toys (cars, yo-yos, dolls, stuffed animals, small games, etc.)

**Oct. 28:** Sweet Treats (individually wrapped gum, hard candy)



See Kay Sutton or Nancy Lockey to help!



**Family Fall FESTIVAL  
OCTOBER 31<sup>ST</sup>  
6 TO 8 P.M.**

**JOIN US FOR  
FUN ■ FOOD ■ FELLOWSHIP**  
Needed: Candy & Volunteer Workers



**Volunteer**

*Studies show good deeds boost immunoglobulin A, a key component of the body's defense system. What's more, a recent survey showed people who regularly help others live longer and healthier lives.*

**DON'T MISS OUT!  
Fifth Sunday**



**Potluck LUNCHEON  
September 29th  
After Worship Service**  
Bring your favorite covered dish

**Northwest Louisiana Baptist Association  
43rd Annual Meeting**

October 14, 2013  
Cypress Baptist Church  
Benton, LA

Supper 5:30 to 6:45 p.m.  
Meeting 7:00 to 8:30 p.m.

