



Elm Grove Baptist Church  
8180 Barksdale Boulevard  
Bossier City, LA 71112

# White Steeple Banner

## Elm Grove Baptist Church

August 2018, Volume 19, #8

8180 Barksdale Boulevard  
Bossier City, LA 71112  
318-747-0089  
www.elmgrovebaptist.com

Dr. Brian Prucey, Pastor  
Charles Anderson, Music/Ed Minister  
James Snyder, Youth Minister



The most popular course in the history of Yale University was offered in the fall of 2017—PSYCH 157: Psychology and the Good Life. Nearly one-fourth of Yale undergraduates registered for it.

Laurie Santos, the psychology professor who teaches the course, says that she "tries to teach students how to lead a happier, more satisfying life."

No wonder the course has caught on—a 2013 report by the Yale College Council found that "more than half of undergraduates sought mental health care from the university" while enrolled.

One of Santos' principle lessons is that the things Yale undergraduates most associate with achieving happiness—a high grade, a prestigious internship, a good-paying job—do not increase happiness at all.

"Scientists didn't realize this in the same way 10 or so years ago," Santos says. "Our perceptions about what will make us happy,

like winning the lottery and getting a good grade, are totally wrong."

While I appreciate that an Ivy League academic understands that worldly and material things can never bring true happiness, I doubt she is able to help her students find true happiness.

Happiness is an elusive quality. We think we know what it would take to make us happy, yet once we achieve that objective we still feel a sense of incompleteness inside. An emptiness that gnaws at our souls.

Jesus' first extended teachings found in the Sermon on the Mount begin with a reshaping of what true happiness is.

Many translations use the word "blessed" (Matthew 5:3-11), such as:

"Blessed are the poor in spirit..."  
"Blessed are those who mourn..."  
"Blessed are the meek..."  
"Blessed are the merciful..."

The Greek word translated as "blessed" is the word Makarios which was used in the ancient

world to describe a sense of happiness or wellbeing. It was often used in the ancient world to describe the experience of being in heaven.

Jesus taught that happiness is not something that you can acquire. Happiness is found through experiencing life within the will of God – living life on God's terms. True happiness is dependent upon a right relationship with God which can only be found through faith in Jesus Christ.

If someone is not connected to their Creator, they can never find true happiness. They may experience times of pleasure, but they can never find an enduring happiness that satisfies the soul.

Not everything in life makes us happy. But when we experience life within the will of God, even our sorrows are turned to joy.

My prayer is that you have found that kind of happiness.

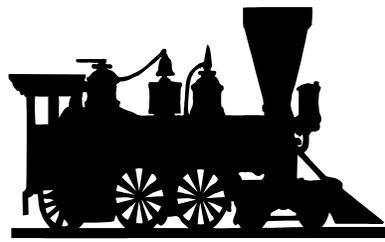
Blessings,  
Pastor Brian

**AUGUST BIRTHDAYS**

Sarah Eastridge	2nd
Pam East	5th
Jonathan Lee	7th
Danny Jones	12th
Chester Simmons	15th
Kenneth Lofton	20th
Micheal Wood	20th
Debbie Blanchette	22nd
Mary Kees	26th
Levi Hidalgo	27th
Rachel Kirby	27th

**ANNIVERSARIES**

Charles & Loyce Anderson	13th
John & Pat Simonelli	19th



**CHARLIE'S CHATS**

Boy, it's really hot outside!  
 The good news is the choir room is nice and cool!  
 Come join in the fun every Wednesday at 6:30 p.m. for choir practice!

I would like to thank all of you who unselfishly give of your time to teach, sing, play or serve at EGBC!  
 What a great church family we have!



9:30 a.m.

**WEEKLY EVENTS**

<b>Sunday</b>	
Sunday School	9:30 a.m.
Morning Worship	10:45 a.m.
<b>Wednesday</b>	
Children's Worship	6:30 p.m.
Youth Worship	6:30 p.m.
Prayer Meeting	6:30 p.m.
Praise Choir	6:30 p.m.

**Support**  
*Hope for Bossier*

*Food Bank*  
 by donating food, money, time and prayer!

**PRAYER**

 AMERICA'S ONLY HOPE

2 CHRONICLES 7:14

  
**SENIOR ADULT MINISTRY**

**Fellowship**  
**Saturday,**  
**August 11th**  
**from 12 to 2 p.m.**  
**in the Fellowship Hall**

**Coming Soon!**



**YOU CAN MAKE A DIFFERENCE**  
